

# MBA Cross Country

# September

# 2019

Revised 8/25/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			28	29	30	31
				Sign-Ups	Sign-Ups	
1	2 Labor Day No School	3 Sign-Ups	4 Team Meeting with Runners 2:30 – 4:00	5 Practice 2:30 – 4:15	6 Practice 2:30 – 4:15 Parent-Meeting 4:15 – 5:15 in Gym	7 Practice 10:00 – 11:30 AM
8	9 Practice 2:30 – 4:15	10 Practice 2:30 – 4:15	11 Practice 2:30 – 4:15	12 Practice 2:30 – 4:15	13 Practice 2:30 – 4:15	14 Practice 10:00 – 11:30 AM
15	16 Practice 2:30 – 4:15	17 <b>AWAY MEET @ Windsor Locks 3:30 -5:00</b>	18 Practice 2:30 – 4:15	19 Practice 2:30 – 4:15  MBA Open House (6:30 PM)	20 <b>Southington MS Distance Festival @ YMCA Camp Sloper, Southington Begins @4:00 PM</b>	21
22	23 Practice 2:30 – 4:15	24 Practice 2:30 – 4:15	25 <b>AWAY MEET @JFK Jr.HS, Enfield 3:30 – 5:00</b>	26 Practice 2:30 – 4:15	27 Practice 2:30 – 4:15	28 <b>Geraghty Invitational @ Nevers Park near So. Windsor HS Bus Departs MBA 7:45 AM</b>
29	30 Practice 2:30 – 4:15					

Contact Information: Coach Brown, School Phone: 860-749-2270 Ext. 2305, E-Mail: mark.brown@somers.k12.ct.us

**Please join Remind (Class Code: g3dggg) to link up with our team e-mail / text communication directory for updates, changes & cancelations to our schedule**